

## **ABSTRACT OF THE DISCLOSURE**

A sliding member comprising a slidable substrate and a pressure-sensitive adhesive layer provided on one side thereof, wherein the slidable substrate is a porous form comprising a plastic, and a barrier layer is provided between the slidable substrate and the pressure-sensitive adhesive layer. The sliding member has good sliding property and even when a load is applied thereto over a long period of time, can suppress exudation of the pressure-sensitive adhesive.